



Living Yoga Program, LLC (Teacher Training Program)
Application and Enrollment Agreement

GENERAL INSTRUCTIONS

To apply to the Living Yoga Teacher Training Program, please complete the application below. Include a \$150 non-refundable application fee for processing the application.

You can either mail the application to: **Living Yoga Program**, 8206 Stillwood Lane, Austin, Texas 78757, or Email it to Ellen Smith at ebsmith@austin.rr.com. If mailing, please provide this agreement in duplicate.

Print in Boldface type with a minimum font of 11 point.

Type your name in the lines requiring a signature; we will have you sign them when you come for training. Once you have completed this application, please download and complete a Registration Form in order to register for a specific program. We will need BOTH the Application and Registration in order to sign you up for the program. Please feel free to contact us at 512-266-7926 with any questions.

NOTE: E-mail and internet access are required for participation in the Living Yoga Program

Name: Male Female Age.....

Nickname you would like us to call you (if applicable):

Social Security Number (required by the State of Texas):

Date of Birth:

Address:

City/State/Zip:

Telephone (Home): (Work):.....

Telephone (Cell):

E-mail:

Emergency contact (name, relationship, and telephone):

One thing unique or special about you (we will use this on Friday night for a special icebreaker exercise, so be sure to keep this to yourself until then):

Check one of the following options so we can register you for the correct Track. Please note that if you change your mind about tracks, you can always switch from one track to another, but depending upon which modules you have completed, you may lose some credit. To learn more about the Yoga Alliance Track and The Yoga Register Track, please go here: <http://livingyogaprogram.com/program.htm>

- I will attend the Yoga Alliance Track (YA Track).
- I will attend the Yoga Register Track (YR Track).
- I am undecided. I will first complete Module 1 and then decide which track I wish to pursue.

POLICIES

1. Fees can be made in one payment or paid out over several months with no finance charge.
2. All accommodation and tuition fees must be paid 31 days before you attend the 9-day intensive. If we have not received your fees by that time, and no other prior arrangements have been made with us, your slot at the intensive could be forfeited.
3. If you decide to cancel this enrollment agreement, please complete the form below, date it, sign it and mail or otherwise deliver the form to the school's address to Living Yoga Program, 8206 Stillwood Lane, Austin, Texas 78757.

Yes, I would like to cancel my enrollment with the Living Yoga Program effective (date)

Your name:

The notice is not considered received until verified back to you by one of our staff. We will either e-mail or phone you to confirm receipt.

4. Refund computations will be based on the period of enrollment computed on basis of course time (200 clock hours).
5. The effective date of termination for refund purposes will be the earliest of the following:
 - a. the last date of attendance; or
 - b. the date of receipt of written notice from the student.
6. If tuition and fees are collected in advance of entrance, and the student does not enter school, not more than \$100 shall be retained by the school.
7. If the student fails to enter the seminar, withdraws, or is discontinued at any time before completion of the seminar, the student will be refunded the pro rata portion of tuition, fees, and other charges that the number of class hours remaining in the seminar after the effective date of termination bears to the total number of class hours in the seminar.
8. A full refund of all tuition and fees is due in each of the following cases:
 - a. an enrollee is not accepted by the school;
 - b. if the seminar of instruction is discontinued by the school and this prevents the student from completing the seminar; or
 - c. if the student's enrollment was procured as a result of any misrepresentation in advertising, promotional materials of the school, or misrepresentations by the owner or representatives of the school.
9. Refunds will be totally consummated within 60 days after the effective date of termination.
10. REFUND POLICY FOR STUDENTS CALLED TO ACTIVE MILITARY SERVICE.

A student of the school or college who withdraws from the school or college as a result of the student being called to active duty in a military service of the United States or the Texas National Guard may elect one of the following options for each program in which the student is enrolled:

- (a) if tuition and fees are collected in advance of the withdrawal, a pro rata refund of any tuition, fees, or other charges paid by the student for the program and a cancellation of any unpaid tuition, fees, or other charges owed by the student for the portion of the program the student does not complete following withdrawal;
- (b) a grade of incomplete with the designation "withdrawn-military" for the courses in the program, other than courses for which the student has previously received a grade on the student's transcript, and the right to re-enroll in the program, or a substantially equivalent program if that program is no longer available, not later than the first anniversary of the date the student is discharged from active military duty without payment of additional tuition, fees, or other charges for the program other than any previously unpaid balance of the original tuition, fees, and charges for books for the program; or
- (c) the assignment of an appropriate final grade or credit for the courses in the program, but only if the instructor or instructors of the program determine that the student has:
 - (1) satisfactorily completed at least 90 percent of the required coursework for the program; and
 - (2) demonstrated sufficient mastery of the program material to receive credit for completing the program.

<p>Non-refundable LYP application fee \$150</p> <p>Choose payment method below:</p> <p><input type="checkbox"/> I would like the LYP staff to charge my credit card for a one-time fee of \$150.00. Initials _____ Please complete information in box at right →</p> <p><input type="checkbox"/> I am enclosing a personal check or money order for \$150, payable to Living Yoga Program.</p>	<p>Credit Card Payment</p> <p>Credit Card: <input type="checkbox"/> MasterCard <input type="checkbox"/> VISA <input type="checkbox"/> Discover <i>(Sorry, but we do not take American Express)</i></p> <p>Expiration Date: ____ / ____ (Month/Year)</p> <p>Credit Card # (Please print large and neatly)</p> <p>____</p> <p>____</p> <p>Signature for Credit Card: (type signature if submitting by email) _____</p>
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~ PLEASE SIGN BELOW ~

<p>Student: I have received a copy of this enrollment agreement which contains the Refund Policy.</p> <p>Your name:</p> <p>Address/City/State/Zip.....</p> <p>Email:.....</p> <p>Your telephone number:.....</p> <p>Your signature: Date of Signature:.....</p> <p>Signature of Living Yoga Program Representative:.....</p> <p>Date of enrollment agreement</p> <p>Date on which the statutory 72-hour cancellation privilege will expire:</p> <p>Living Yoga Program, LLC will give equal opportunity to all applicants regardless of race, sex, or natural origin. APPROVED AND REGULATED BY THE TEXAS WORKFORCE COMMISSION CAREER SCHOOLS AND COLLEGES DEPARTMENT, AUSTIN, TEXAS. I have received a copy of this enrollment agreement and the catalog. (Initial) _____</p>
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Any holder of this consumer credit contract is subject to all claims and defenses which the debtor could assert against the seller of goods or services obtained pursuant hereto or with the proceeds hereof. Recovery hereunder by the debtor shall not exceed the amounts paid by the debtor hereunder.

Please submit your replies to the following questions either on an additional sheet of paper or enlarge the spaces below and type your answers here. Please be thoughtful and thorough with your replies.

1. A description of your background in yoga and teaching, including any yoga studies you have taken.
2. Why do you want to take the training program? What specifically do you want to learn during the program?
3. How would you utilize a yoga teacher certification?
4. Do you have certifications in other areas? (personal trainer, pilates, education, etc.)
5. How did you hear about the training? Please check below:
 Internet, if so which web site? _____
 Yoga Journal magazine *Yoga International* magazine *Yoga+ Joyful Living* magazine
 Gay Austin Pages
 from a teacher or friend (please provide his/her name and email address)
 other _____
6. Do you have a significant injuries or illness that impact your practice? If so, please tell us about them, including any contraindications your physician recommended to you. Is there anything in your yoga practice that aggravates your injury? Have you discovered anything that helps it?
7. Please tell us about yourself: family, occupation, college/degrees, hobbies, and any other information you would like for us to know.
8. Do you have a personal yoga practice? If so, please tell us what it consists of.
9. If you currently teach yoga, what type of yoga do you teach and where do you teach?
10. Have you studied meditation? If yes, for how long and what style(s)? Do you have a daily meditation practice?
11. Have you studied any energy systems (qigong, tai chi, reiki, chakras, Chinese medicine, etc.)? How long and what?
12. Is there anything else that you would like to share with us?
13. Do you have any concerns or comments that you feel would be important for us to know?

On a scale of 1 to 4, please tell us what you would like to study at the 9-day teacher intensive:

No Interest	1	2	3	4 High Interest	
_____	_____	_____	_____	_____	Hatha yoga—in-depth instruction in asanas/postures
_____	_____	_____	_____	_____	Teaching yoga—how to teach safely
_____	_____	_____	_____	_____	Teaching yoga—practice teaching to fellow students at the intensive
_____	_____	_____	_____	_____	Teaching yoga--classroom logistics (set up the class, handle situations in class)
_____	_____	_____	_____	_____	Teaching yoga—adjusting students in postures
_____	_____	_____	_____	_____	Teaching yoga—modifying asanas in case of injury or limited flexibility
_____	_____	_____	_____	_____	Meditation
_____	_____	_____	_____	_____	History of yoga
_____	_____	_____	_____	_____	Raja yoga (royal path of the mind)
_____	_____	_____	_____	_____	Patanjali’s 8-limb path
_____	_____	_____	_____	_____	Energy systems (chakras, nadis, how energy moves in the body, etc.)
_____	_____	_____	_____	_____	Yogic lifestyle (meals, meditation, philosophy, etc.)
_____	_____	_____	_____	_____	Hindu religion/traditions (since we are staying at a Hindu ashram)
_____	_____	_____	_____	_____	Sanskrit language (how to pronounce the names of the asanas)
_____	_____	_____	_____	_____	Marketing and the business of yoga
_____	_____	_____	_____	_____	Other _____